

## Hold The Door For Others 15th Annual Hold The Door Day

Saturday, October 20 • 10:30 am - 4:30 pm New Brunswick Theological Seminary

New Brunswick, NJ

Hold The Door Day is a free event for people to learn to grow through loss and adversity

Using hands-on activities and professionally designed workshops, our Team engages in skills to help you and your loved one prepare, live with, and grow through grief and challenges.



Hold the Door Day is comprised of two programs that run concurrently but are facilitated separately:

- >The GROWTH Program: This program is designed for people who have personally experienced loss, adversity, or crisis.
- >The HELPER Program: This program is designed for individuals who are interested in improving how they support other people in everyday life.



"By becoming a part of the Hold The Door family, I've learned how to live a little bit better, to laugh a lot more, to love with a great heart, and to resurrect the person I once was, only a little bit better." -Christine Uscher

To register or for more information, please visit our website www.holdthedoor.com

Hosted by Hold The Door For Others, a nonprofit organization dedicated to providing resources and opportunities that connect people and help them grow through any type loss and adversity.



www.HOLDTHEDOOR.com