



# NEW BRUNSWICK THEOLOGICAL SEMINARY

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## Spiritual, Psychosocial, and Medical Perspectives on Self Care for Ministry Leaders The Mark Kraai Lecture

Featuring keynote speakers:

**The Rev. Willard Walden Christopher Ashley, D.Min.**  
**Tanya Pagan Raggio-Ashley, MD, MPH**

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**NBTS NJ Campus**  
35 Seminary Place  
New Brunswick, NJ 08901  
732.247.5241

**Tuesday, April 4, 2016**  
**2:00 pm - 6:00 pm**  
**Dinner will be served**

Admission is free, but seating is limited,  
please RSVP to [deansoffice@nbts.edu](mailto:deansoffice@nbts.edu) by March 29, 2017.

*Are you feeling fatigued and tired from the demands of ministry?  
Do you sometimes feel overwhelmed with the emotional stress and strain of your ministerial work?  
How do you care for yourself and your family, given your ministry's demands?*



**This year's Mark Kraai  
Lecture emphasizes the  
need for clergy and  
other caregivers to  
employ self-care  
strategies that will help  
combat burnout and  
keep them engaged  
effectively in ministry.**



The Rev. Dr. Mark Kraai Lecture Series is an annual event in practical theology that focuses on different aspects of ministry.

Disclaimer: Dr. Raggio-Ashley will not be representing the government in this event